

Get fresh with your food!
Eat Local Challenge
May 2008



Name _____ Phone _____ Email _____

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Did you eat seasonal, local food for each meal?	Did you eat local food at a locally owned restaurant?	Keep track of every meal and you may win a prize!	Your goal? Eat local for every meal in May!	1 B L D	2 B L D	3 B L D
4 B L D	5 B L D	6 B L D	7 B L D	8 B L D	9 B L D	10 B L D
11 B L D	12 B L D	13 B L D	14 B L D	15 B L D	16 B L D	17 B L D
18 B L D	19 B L D	20 B L D	21 B L D	22 B L D	23 B L D	24 B L D
25 B L D	26 B L D	27 B L D	28 B L D	29 B L D	30 B L D	31 B L D